

PRESS RELEASE

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World Eating Disorders Day 2017 Seeks World Health Organization Recognition

The second annual World Eating Disorders Day will take place on line and in communities around the world on June 2, 2017. This global event will illustrate – visually and in real time – the vital connections that lead to recovery and fully lived recoveries of those who have suffered from eating disorders.

These potentially fatal disorders are both treatable and misunderstood. Eating disorders have the highest mortality of all psychological illnesses but with early intervention and newly developed treatments we are now seeing a new era of treatment and recovery. Binge eating disorder, bulimia nervosa, anorexia nervosa and other eating disorders have a genetic underpinning, and recent research has validated newer approaches to treatment. Eating disorders are no longer considered a ‘choice’ and recovery is no longer rare. Early, evidence based treatment is the key to lasting positive outcomes.

World Eating Disorders Day began in 2016, the brainchild of a small group of activists – including affected people and parents of children with eating disorders - and has grown to be a global movement for change.

The publishing of The NINE Truths, which underscore the key truths about eating disorders, was a watershed for worldwide collaboration and consensus. That historic document led to the NINE Goals that are a global call to action.

This year the World Eating Disorders Health Care Rights developed by the Academy for Eating Disorders (<http://www.worldeatingdisordersday.org/about/world-ed-rights/>) has stressed the rights of families, patients, carers and clinicians to assure effective treatment outcomes.

On June 2, activists from across the globe will call for change in how nations respond to the need for change in eating disorders early detection, treatment and support.

“We are a global volunteer collective of over 200 organizations from 40+ countries, “ said Amy Cunningham on behalf of the 2017 Steering Committee. “We ask that the World Health Organization recognize this day in order to garner full support for effective early identification and treatment systems.”

To be involved in World Eating Disorders Day 2017 please connect on social media, Facebook, Twitter, Instagram, Tumblr and Snapchat and see www.worldeatingdisordersday.org for more information.. The hashtag is #WeDoActTogether2017.

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